



# Heal Your Body, Heart & Spirit

## *Salima Healing Seminar at the Farm of Peace*

### **A One-on-One Healing Retreat with Salima Adelstein**

Let the love and light of God transform your life in this personalized healing retreat directed by Salima Adelstein, a gifted and compassionate healer and master Sufi teacher in the Shaddhiliyya tradition. The Salima Healing Seminar combines the most powerful aspects of our group Healing Intensives and a zawiya spiritual retreat, and includes:

- A 3-day program in the seclusion and sacredness of the Farm of Peace in Pennsylvania
- An initial assessment and up to three individual healing sessions with Salima
- Additional healing sessions with other gifted healers selected by Salima
- Massage, acupuncture, facials, and/or cranial-sacral work as needed
- Delicious, organic meals cooked with attention to your dietary needs
- Two daily check-ins with Salima and zawayah teachers
- Teachings designed to deepen your heart's journey to turn to God
- Reading, writing and Remembrance while held in the love and peace of the Farm
- A final assessment by Salima and further steps for continued healing.

Your program includes healings, bodywork, teachings, meals & accommodations, and airport pickup if needed. The Farm of Peace is within two hours of major airports in the Washington, D.C./ Baltimore area.

**For more information and to schedule your personal healing retreat with Salima, please call 717-573-4722 or toll-free 877-FOR-SSCE.**

*Maxine Salima Adelstein, M. Ed., D.D., senior faculty member at the University of Spiritual Healing & Sufism and Farm of Peace community spiritual director, helps people to discover and embody the deep truth of their beauty and essence through her work as a healer and teacher. Salima is a master healer who has helped hundreds of clients heal from illness and lifelong emotional pain. She has a private healing practice and teaches spiritual healing seminars nationally and internationally. She is a Sufi Muqaddam Murabi-Ruhi whose heart is filled with the compassion and joy that result from living in the heart of God.*

