

# Shadhiliyya Sufi Center East



*Shadhiliyya Sufi Center East serves the hearts of residents of the Maryland, Virginia, Washington, D.C., and southern Pennsylvania area, and anyone anywhere who is seeking to experience God's love more deeply. Our community is dedicated to sharing God's love, peace, mercy, justice, freedom and unity through teachings and programs that serve to unfold spiritual growth. Our guide in this spiritual journey is Sidi Shaykh Muhammad al-Jamal, head of the higher Sufi Council in Jerusalem and the Holy Land.*

*The Farm of Peace, our spiritual center, is located on 150 rolling acres near Warfordsburg, Pa. The Farm of Peace is a center for zawayah spiritual retreat, healing retreats, community gatherings, and teachings. It is a working farm supporting agricultural crops and livestock.*

*Everyone is invited to come and visit, drink from the peace and beauty of the farm and the open hearts of our community of Sufi beloveds.*

## *Regular Events*

**Sufi Healing Circle :** Our Sufi healing circle, called “dhikr,” is a time when we gather as a community to remember the Divine within. Dhikr is purification for the body, mind, heart and spirit. There is no charge.

- **Thursdays, 6:00 p.m.**, Frederick, MD (potluck dinner at 5:30 p.m.)
- **Thursdays, 7:00 p.m.**, Farm of Peace
- **Sundays, 5:30 p.m.**, Farm of Peace (potluck dinner follows)
- **Sundays, 6 p.m.:** Dhikrs scheduled on selected Sundays in Silver Spring, MD, & Baltimore area. Find schedule, locations and directions online at [www.suficentereast.org](http://www.suficentereast.org)

**Healing Days:** Experience healing through the Deep Love in the Sufi way. Students and graduates of the University of Spiritual Healing & Sufism offer free healings. Everyone is welcome—there is no charge.

- **Second Saturday of the Month, 2-4 p.m.** Farm of Peace
- **Third Saturday or Sunday of the Month, 3-5 p.m.** 8836 Woodland Dr., Silver Spring, MD 20910

**Jumah: Fridays, 1:30 p.m.,** at the Farm of Peace. Join in community for traditional Jumah prayers.

## *Programs*

### **Zawayah Spiritual Retreat**

Zawayah is holy opportunity to walk closer to God. It is a time for greater silence, rest, and to be deeply held in love. Through traditional Sufi practices such as remembrance, prayer, and writing the stations and other of Sidi's writings, participants can experience their hearts turning to face only God. Participants write, pray, dine and sleep in the seclusion of the Farm of Peace. Zawayah is ongoing.

### **Gardens of Truth: Monthly Sufi School**

Join Salima Adelstein for a monthly 3-day Sufi School. Learn about the Sufi way, study Sufi masters, Sufi practices, whirling, dhikrs, al wurd, understanding & writing Sidi's teachings, mentoring, and more. Special rate for entire year. \$250 each month if registered 2 weeks ahead; \$265 thereafter. Lodging & meals available; call for prices. Schedule at [www.suficentereast.org](http://www.suficentereast.org).

### **Healing Intensive Retreat**

This transformative five-day group retreat, held several times throughout the year at the Farm of Peace, is designed for people dedicated to deeply searching for health, personal harmony, and spiritual unfoldment. People from all walks of life and from every area of the nation have taken advantage of this comprehensive program for spiritual awakening and healing.

### **Salima Healing Seminar**

This three-day, one-on-one healing retreat with Salima Adelstein is open to anyone who would like to deepen their Sufi walking and receive healing sessions while being held in the vessel of a spiritual retreat.

For more information about any of these programs, call 717-573-2956 or visit [www.suficentereast.org](http://www.suficentereast.org)

## *Find Out More*

Visit [www.suficentereast.org](http://www.suficentereast.org) for details about programs and schedule of events.